Concept 1 - m - m/maj7

Am  Am/maj7  Am7  Am6

Example 1 - 6th String

Example 2 - 6th String

Dm  Dm/maj7  Dm7  Dm6

Example 1 - 5th String

Example 2 - 5th String

Concept 2 - Moving 5-7

Am  Am5  Am6  Am7

Example 1 - 6th String

Example 2 - 6th String